# **COZEN**

Marine Collagen (As Marine Fish Collagen Tripeptide) 600mg,

L-Arginine 10mg,dl-Alpha-Tocopheryl Acetate

(Vitamin E) 6mg, Coenzyme Q10 12.50mg,

Vitamin C 20mg, Glycine 10mg Soft Gelatin Capsule

# **Marine Collagen**

## Composition:

Each Soft Gelatin Capsule Contains Marine Collagen (As Marine Fish Collagen Tripeptide) 600mg, L-Arginine 10mg, dl-Alpha-Tocopheryl Acetate (Vitamin E) 6mg, Coenzyme Q10 12.50mg, Vitamin C 20mg, Glycine 10mg.

## **Description:**

Marine fish collagen is a complex structural protein that helps maintain the strength and flexibility of skin, ligaments, joints, bones, muscles, tendons, blood vessels, gums, eyes, nails and hair. It has very specific amino acid compositions with a high concentration of glycine, hydroxyproline and proline. When it is ingested, hydroxyproline peptides are not completely digested to free amino acids and can be detected in the blood. These hydroxyproline peptides stimulate cells in the skin, joints and bones and lead to collagen synthesis through cell activation and growth.

#### Indication:

Cozen improves skin health by reducing wrinkles and stretch marks and improved skin hydration and firmness. It supports skin health by repairing skin collagen and produces a significant thickening of the outer skin surface (epidermis).

It supports stronger hair and nails. It reduces nail brittleness and promotes strength & growth of nails. It helps in preventing hair thinning (associated with aging), slow graying, build hair strengthen & imparts shine to hair.

It plays important antioxidant roles by protecting against free radicals that cause cell damage. It protects against oxidative skin damage caused by ultraviolet (UV) light (sunlight) and protects sunburn.

It strengthen bones, joints & ligaments, improves mobility in joints, reduces pain & stiffness for smoother joint functioning and also minimize the risk for future fractures or injuries. It is useful for healthy muscles.

## **Dosage & Administration:**

1-2 capsules daily preferably with meal. Or, as directed by the registered physician.

#### Side effects:

This capsule generally well tolerated. No significant side effects have been observed in therapeutic dosage.

#### **Contraindications:**

It is contraindicated in patients with hypersensitivity to any component of this capsule.

#### **Precaution:**

There is no data available.

### Use in pregnancy and lactation:

There is no data available.

#### **Drug Interaction:**

There is no data available.

## Storage:

Keep out of reach of children. Keep away from direct sunlight. Store below 30° C in a dry place.

#### Packing:

Each box contains 30 soft capsules in blister pack.

